- 1 Alap 1:02
- 2 Prologue: Gathering Forces 4:31
- I THE DILEMMA 3 Stop My Chariot 2:17
 - 4 My Limbs Fail, My Mouth Becomes Dry 4:33
 - 5 O Krishna 5:26
 - 6 Ne Noom Ta Na :43
 - 7 Teachers, Uncles, Sons and Grandfathers 5:33
 - 8 Interlude I: The Battle Within 3:13
- II THE ANSWER 9 My Head Turns 1:00

III THE VISION

- The Answer Part I (Juta Log) 2:20
- II The Answer Part 2 1:26
- My Head Turns (Reprise) 3:10
- 3 The Answer Part 3 (Dialogue) 1:32
- 14 Interlude 2: A Clear White Light 4:38
- 15 Explain To Me :47
- 16 | Am the Beginning 3:50
- 7 Show Me 1:45
- 18 Transformation 1:07
- 19 The Vision 9:00
- 20 I Am Death 1:17
- 21 Four-Armed Form 2:29
- 22 Epilogue: I Will Fight 4:01
- 23 Postlude 1:47





Published through the American Composers Forum's Recording Assistance Program, supported by the McKnight Foundation. © Douglas J Cuomo. 2008. All Rights Reserved. innova Recordings, 332 Minnesota Street E-145, St. Paul, MN 55101. USA innova@composersforum.org innova.mu